



THE JOY of MANGOS

- ✓ **There are 500+ types of mangos in the world**
- ✓ **Mangos offer more than 20 vitamins and minerals**
- ✓ **Mangos are in season all year long, hitting their peak in the summer**
- ✓ **A mango tree can grow as high as 100 feet**

MEET THE MANGO FAMILY

Mangos are related to cashews and pistachios

Mangos were first grown in India 5,000+ years ago

Most of the mangos sold in the U.S.:

- Come from Mexico, Peru, Ecuador, Brazil and Guatemala
- Are one of six varieties, Tommy Atkins, Haden, Kent, Keitt, Honey and Francis

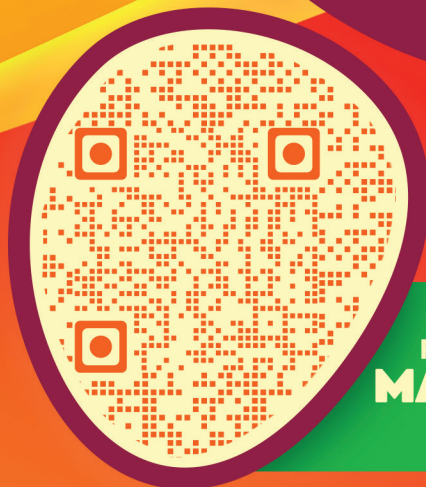
THE MEANING OF MANGOS

In India, mangos are a symbol of love, and a basket of mangos is considered a gesture of friendship

The iconic paisley pattern was developed in India, based on the magical mango



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